

Acupuncture Injection Therapy

Acupuncture injection therapy involves the injection of homeopathic solutions or vitamins administered by qualified acupuncturists. Like acupuncture, fine needles are inserted into acupuncture points or trigger points just under the skin or into muscles. As the name suggests, this therapy evolved from acupuncture and has long been a therapy used by acupuncturists in China. It isn't a replacement for Acupuncture or Chiropractic, but can be a great adjunct therapy. Acupuncture injection therapy can be used for stubborn pain conditions like arthritis and gout. A more modern approach incorporates the injection of vitamins such as B-12 for energy or Lipotropic Amino Acids for Weight Loss.

Athletes are among the many patients that find the most benefit of acupuncture injection therapy as it can be used for injuries and rehabilitation to avoid the nasty side effects of cortisone injections. Likewise, many marathoners and triathletes enjoy the boost of B-12 injections when preparing for a long race.

Any of our doctors can speak with you more about this therapy and if it is appropriate for your condition.

Homeopathic Injections are compounded specifically for the ailments a patient comes in with. They offer an alternative to cortisone injections and anti-inflammatories and can be combined with Vitamin Injections without interaction. At Active Living Health Center, we offer Lake Nona and the surrounding areas a natural alternative to pain relief and injury repair. Below is a list of vitamin injections that we currently offer.

Vitamin Injection Therapy

B12 Injections (Methylcobalamin)

B12 is an essential vitamin responsible for many metabolic and hormonal functions in the body. B12 injections are not only a great way to increase your serum B12 levels, but also to increase energy, improve concentration and mood, and improve neurological repair.

B6/B12 Injections

This combination is used mainly to reduce nausea in pregnancy, but also for those needing to increase metabolic energy. It's a great "pre-race" supplement.

Lipo-Mino Injections

Lipo-Mino is a combination of B-complex and amino acids that help digest fat and build muscle in the body. It is used in conjunction with weight loss programs or for patients suffering from certain metabolic conditions such as PCOS, Diabetes, etc.

RELAX injections

Our RELAX formula contains Magnesium, GABA, Taurine, and Theanine. It is great for anxiety, tension, and migraines.

Glutathione Injections

Glutathione is the ultimate antioxidant. It is used by EVERY cell in the body. Not only does it help with free radicals during metabolic detoxing, but also is has anti-aging effects.